

Professional Development

Free courses designed to help you learn.

360 Degree Relationships	Adopting Systems Thinking	Analogical Thinking
Building and Maintaining Trust	Building Likeability Skills	Building, Rebuilding and Sustaining Trust
Business Ethics	Business Ethics Essentials	Business Etiquette and Professionalism
Campus to Corporate	Career Management	Creating Lasting Organizational Change
Creativity in the Workplace	Critical Thinking Essentials	Dealing with Organizational Change
Dealing with Setbacks	Developing Your Critical Thinking Skills	Difficult Boss Relationships
Digital Economy Skills	Discovering Your Strengths	Diversity on the Job
Diversity, Equity, and Inclusion	Doing Business Professionally	Effective Time Management
Facing Problems and Making Decisions	Generating Creative & Innovative Ideas	Growth Mindset
Improving Your Memory	Improving Your Personal Productivity	Improving Your Reading Speed
Improving Your Work/Life Balance	Interviewing Strategies for the Interviewee	Learning How to Learn
Living and Working Abroad in the United States	Managing Your Career	Mentor Relationships
Navigating through Organizational Change	Optimizing Your Work/Life Balance	Overcoming Procrastination
Peer Relationships	Performance under Pressure	Performing Under Pressure
Perseverance and Resilience	Perseverance at Work	Personal Productivity Improvement
Polishing Your Professional Edge	Problem Solving and Decision Making	Problem Solving and Decision-Making Strategies
Public Speaking Strategies	Skills for Effective Collaboration	Staying Motivated at Work
Telecommuting and the Remote Employee	Thinking Critically	Time Management
Unconscious Bias	Understanding Cognitive Bias	Writing Under Pressure



More than 7000 Metrix Learning courses are
100% free for every USVI resident!

Use the QR code to get started today!



US VIRGIN ISLANDS
americanjobcenter[®]
COMMUNITY NETWORK



Metrix
Learning[®]
A CERTUS COMPANY